

Child Daily Self-Assessment

DOES YOUR CHILD HAVE ANY OF THE FOLLOWING UNEXPECTED OR WORSENING SYMPTOMS?

Fever, cough, shortness of breath, sore throat, chills, headache, runny nose, conjunctivitis, nasal congestion, muscle or joint aches and pains, loss of sense of smell or taste, dizziness, nausea, vomiting, diarrhea, loss of appetite or fatigue.

YES OR NO

IS YOUR CHILD EXPERIENCING ANY OF THE FOLLOWING?

Severe difficulty breathing, severe chest pain, having a very hard time waking up, feeling confused, lost consciousness, short of breath at rest, inability to lie down because of difficulty breathing, or chronic health conditions that you are having difficulty managing because of your current respiratory illness.

YES OR NO

WAS YOUR CHILD EXPOSED TO SOMEONE WHO HAS BEEN CONFIRMED AS HAVING COVID-19 WITHIN THE LAST 14 DAYS?

YES OR NO

IN THE PAST 14 DAYS HAS YOUR CHILD RETURNED FROM INTERNATIONAL TRAVEL?

YES OR NO

CAREGIVER INFORMATION

Caregivers are required to conduct a daily self-assessment for children in their care to determine if they are healthy and able to attend school.

If your child answers "YES" to any of the above questions, begin self-isolation immediately. Contact Public Health at 8-1-1 for guidance and inform your child's school that they will not be in attendance.

If your child begins exhibiting symptoms of COVID-19 while at school you will be asked to pick them up immediately.

Children who regularly have symptoms that may be mistaken for COVID-19 symptoms are encouraged to provide a medical note to the school so that the teacher and necessary staff are aware.

To access the
Saskatchewan Self-Assessment
Tool please visit the
Government of Saskatchewan
or access with this QR Code

